

KC Area Breastfeeding Support Groups

*Please call ahead to confirm support group meeting times and location.
Support groups are free, and are open to pregnant, breastfeeding, and pumping moms.
Some groups are limited to current patients only. Please see notes.*

Jackson County Missouri

Facility Name	Day	Time	Notes	Location	Phone
Centerpoint Medical Center	Mondays	5:30 - 7pm	3rd floor	19600 E. 39 th Street South Independence, MO 64057	816.698.7399
Centerpoint Medical Center	Fridays	10 - 11am	3rd floor	19600 E. 39 th Street South Independence, MO 64057	816.698.7399
Saint Luke's East	Mondays	10-11:30am	Legacy Conference Room	100 NE St. Luke's Blvd Lee's Summit, MO 64086	816.347.4680
Saint Luke's East	1 st and 3 rd Wednesdays	6:30 - 8pm	Legacy Conference Room	100 NE St. Luke's Blvd Lee's Summit, MO 64086	816-347-4680
Truman Medical Center Hospital Hill	Tuesdays	1-2:30pm	6th floor Family Education Center	2301 Holmes Kansas City, MO 64108	816.404.0474
Truman Medical Center Lakewood	Thursdays	12:30-2pm	Truman Room 1	7900 Lee's Summit Road Kansas City, MO 64139	816.404.8260

Northland-Clay & Platte Counties Missouri

Facility Name	Day	Time	Notes	Location	Phone
Clay County Public Health Center	1st and 3rd Thursdays	1-3pm	Conference Room 1	800 Haines Drive Liberty, MO 64068	816.595.4293
Health Care for Children	Tuesdays	2:30-4:30pm	<i>Groups only for patients of this practice.</i>	9051 NE 81 st Ter, Suite 100 Kansas City, MO 64158	816.792.1170
		1st Tuesday 2:30-6:30pm			
Liberty Hospital	Wednesdays	1-3pm	Education Center	2525 Glenn Hendren Drive Liberty, MO 64068	816.792.7219
Mosaic Life Care (St. Joseph)	Mondays and Thursdays	4:30-6:30pm		5325 Faraon Street St. Joseph, MO 64506	816.271.7984
North Kansas City Hospital	Tuesdays	11am-12:30 pm	Frontier Room	2800 Clay Edwards Drive North Kansas City, MO 64116	816.691.1688
Priority Care Pediatrics (Liberty)	Thursdays	10-11am		1540 NE 96th Street Liberty, MO 64068	816.412.2900
Priority Care Pediatrics (North Oak)	Thursdays	3:30-5pm		9405 N. Oak Trafficway Kansas City, MO 64155	816.412.2900
Redwood Pediatrics	1st & 3rd Thursdays	6-7:30pm		9151 NE 81st Terrace Kansas City, MO 64158	816.207.0070
Saint Luke's North	Wednesdays	11am-12:30 pm	Barry Medical Park (next to hospital), North Conference Room	5844 NW Barry Road Kansas City, MO 64154	816.880.2746

Johnson County Kansas

Facility Name	Day	Time	Notes	Location	Phone
Advent Health (Shawnee Mission Medical)	Tuesdays	10-11:30am	Woodland Hills Building Flint Hills & Tallgrass Room, 2nd floor	7315 E. Frontage Road Shawnee Mission, KS 66204	913.632.4330
Advent Health (Shawnee Mission Medical)	3 rd Thursday	6-7pm	Woodland Hills Building Flint Hills & Tallgrass Room, 2nd floor	7315 E. Frontage Road Shawnee Mission, KS 66204	913.632.4330
Menorah Medical Center	Tuesdays	12-1pm	3 rd floor Birth Center Ladies and Babies Rm	5721 W 119 th Street Overland Park, KS 66209	913.498.6322
Menorah Medical Center	Wednesdays	4:30-6:30pm	3 rd floor Birth Center Ladies and Babies Rm	5721 W 119 th Street Overland Park, KS 66209	913.498.6322
Olathe Medical Center	Tuesdays	1-2:30pm	Parent Ed Room 1st floor of birth place	20333 W. 151 st Street Olathe, KS 66061	913.791.4415
Overland Park Regional	Mondays	5:30-7pm	Sunflower Café Conference Rm	10500 Quivera Road Overland Park, KS 66215	913.541.5208
Overland Park Regional	Wednesdays	9:30-11am	Sunflower Café Conference Rm	10500 Quivera Road Overland Park, KS 66215	913.541.5208
Overland Park Regional	Fridays	2:30-4pm	Sunflower Café Conference Rm	10500 Quivera Road Overland Park, KS 66215	913.541.5208
Pediatric Care Specialists	1 st and 3 rd Wednesdays	5:30-6:30pm		12541 Foster, Suite 260 Overland Park, KS 66213	913.906.0900
Saint Luke's South	Mondays	12:30-2:30pm	Horner Wellness Conference Rm	12330 Metcalf Avenue Overland Park, KS 66213	913.317.7813

Wyandotte County Kansas

Facility Name	Day	Time	Notes	Location	Phone
Wyandotte County WIC	2 nd Tuesdays	12-1pm English		619 Ann Avenue Kansas City, KS 66101	913.573.6720
		10:30am-12 pm Spanish			
La Leche League: breastfeeding support groups, online support, and phone support in the KC area. Visit www.LLofGreaterKC.org or call 816.361.0909 for more information.					
Breastfeeding USA KC Chapter: breastfeeding support groups, online support, and phone support in the KC area. Contact Heather Owen at heather.owen@breastfeedingusa.org for more information.					